#### Polymer 51 (2010) 6212-6218

Contents lists available at ScienceDirect

# Polymer

journal homepage: www.elsevier.com/locate/polymer

# Relaxation based modeling of tunable shape recovery kinetics observed under isothermal conditions for amorphous shape-memory polymers

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#### ARTICLE INFO

Article history: Received 1 September 2010 Received in revised form 22 October 2010 Accepted 26 October 2010 Available online 2 November 2010

*Keywords:* Shape-memory polymer Stress relaxation Viscoelastic model

#### ABSTRACT

Polymers, which allow the adjustment of shape-memory properties by variation of physical parameters during programming, are advantageous to their counterparts requiring synthesis of a new material.

Here we explored the stress relaxation behaviour of polyurethane (PEU) based shape-memory polymers at temperatures from 0 °C to 80 °C and different strain values from 100% to 250%. The obtained relaxation curves could be well described by a modified Maxwell—Weichert model of two Maxwell units and a spring. The stress relaxation results in a combination of a slow and a fast decaying process. For modeling the isothermal recovery of recently introduced PEU composite scaffolds at 37 °C the fast relaxation could be neglected resulting in a model of a standard linear solid, which was in good agreement with the experimental data.

The presented modeling approach might be helpful to define design criteria for self sufficiently moving scaffolds within a knowledge-based development process.

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# 1. Introduction

Shape-memory polymers (SMPs) [1–4] constitute a group of mechanically active polymers [5,6], which have attracted widespread interest, because they are able to perform single, dual or multiple shape changes [7–9] when activated by external stimuli (e.g. heat or light). The thermally induced shape-memory functionality results from the combination of a polymer's molecular architecture, morphology and a specific multi step processing technology named shape-memory creation procedure (SMCP) or programming, where the temporary shape is created [2]. On the macroscopic level shape-memory properties are typically quantified in cyclic, thermomechanical tensile experiments, which consist of an SMCP followed by a recovery module either under stress-free or constant strain conditions [10]. SMPs are lightweight materials, which are easy to process and their properties can be tailored to the requirements of the desired application by adjusting the polymer's molecular structure (e.g. change in switching segment length or chemical composition) requiring synthesis of a new material [11–14] or the variation of the composition of blends or composites [15–17]. Furthermore, the variation of physical parameters applied during SMCP, like the applied strain  $\varepsilon_m$  [18,19] or the programming temperature  $T_{\text{prog}}$  [9,19–22] where the material was deformed as well as the heating rate during the recovery process can influence the shape-memory behaviour [23]. Such SMPs with tunable properties are of significant scientific and technological interest as their shape-memory properties can be easily adapted without synthesizing a new polymer, which will substantially broaden the applicability of these materials. Besides the understanding of the structure-function-relation of individual SMP materials modeling approaches, which enable the prediction of thermomechanical properties of SMPs are essential to realize industrial or medical applications. Here within the last decade two main routes were followed. The first included the application of existing linear viscoelastic models consisting of coupled spring, dashpot, and frictional elements. Other researcher concentrated on the development of rather complex models (constitutive equations) for specific molecular transitions related to the shape-memory effect in polymer systems, i.e. the glass transition [24–26] or the melting transition [27-29]. More recently theoretical models and frameworks have been developed, which address the description and prediction of tunable shape-memory properties [21,30].

In this work, we want to explore, whether a theoretical model can be developed, which is able to describe the different shape recovery kinetics observed for radiopaque polyether urethane (PEU) based 3D substrates under isothermal conditions (37 °C in water), which could be adjusted by variation of the programming temperature ( $T_{prog}$ ) applied during SMCP [20]. Such active substrates/scaffolds can self sufficiently change in pore size and geometry, when exposed





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to physiological conditions and intended for stimulation of mechano-sensitive cells in vitro or in vivo. The pores of these active substrates were programmed at different  $T_{prog}$  by deformation of the original, square shape with a pore area of ca. 2.5 mm<sup>2</sup> to a circular shape with a pore area in the range of 6.0–8.5 mm<sup>2</sup>, while the temporary shape was fixed at 0 °C in ice water. By increasing the applied  $T_{prog}$  the recovery time under isothermal conditions (37 °C in water) could be increased from 1 h to 6 h.

Thermoplastic PEU can be synthesized from methylene bis-(*p*-cyclohexyl isocyanate) (H<sub>12</sub>MDI), poly(tetramethylene glycol) (PTMEG), and 1,4-butanediol (1,4-BD) and exhibit a pronounced glass transition ( $T_{g,mix}$ ) in the range from 20 °C to 90 °C, which is related to a mixed phase of H<sub>12</sub>MDI/1,4-BD hard domains and H<sub>12</sub>MDI/PTMEG soft domains. PEU was selected because  $T_{g,mix}$  can easily be adjusted by variation of the hard to soft segment ratio [19,20,31]. PEU and composites thereof exhibit excellent shape-memory properties where the  $T_{g,mix}$  is utilized as switching domain [32–35]. Furthermore a temperature-memory effect was reported for PEU with 58 wt % hard segment content, when  $T_{prog}$  was varied within  $\Delta T_{g,mix}$  [19].

Here, we concentrate on investigation and modeling of the thermodynamic process of the stress relaxation of PEU, which were deformed to a strain ( $\varepsilon$ ) in the range from 100% to 250% at varied temperatures ( $T_{\rm prog}$ ) between 0 °C (glassy state) and 80 °C (visco-elastic state), within a relaxation time of 6 h based on a series of Maxwell models in parallel.

# 2. Materials and methods

#### 2.1. Materials

Aliphatic polyether urethane (PEU) was purchased from Neveon (Wilmington, MA, USA) as Tecoflex<sup>®</sup> EG72D and used without further purification. The amorphous multiblock copolymer was synthesized from methylene bis(*p*-cyclohexyl isocyanate) (H<sub>12</sub>MDI), poly(tetramethylene glycol) (PTMEG,  $M_n = 1000 \text{ g mol}^{-1}$ ) and 1,4-butanediol (1,4-BD).

#### 2.2. Sample preparation

PEU granules were dried for 12 h at 130 °C prior to the processing and test specimens of type DIN 50125 (L0 = 40 mm, width = 5 mm, thickness = 2 mm) were fabricated using an injection moulding machine (type: Allrounder 270U-Arburg, Lossburg, Germany). The injection moulding temperature was 200 °C and the mould temperature was 20 °C. The injection pressure was 700 bar, while the holding pressure decreased from 1000 bar to 400 bar within a holding time of 1.42 s.

#### 2.3. Stress relaxation experiments

Stress relaxation experiments were carried out on a Zwick Z005 (Zwick, Ulm, Germany) tensile tester equipped with a temperature controlled thermo chamber (Eurotherm Regler, Limburg, Germany). The test specimen was fixed between the clamps and the temperature (programming temperature  $T_{\text{prog}}$ ) was equilibrated at 0, 25, 37, 50, 60, 70 or 80 °C for a time period of 10 min. Then the sample was deformed at  $T_{\text{prog}}$  to a fixed elongation  $\varepsilon_{\text{m}} = 100\%$ , 150%, 200% or 250% with a strain rate of 5 mm min<sup>-1</sup>. Afterwards, the strain was kept constant for 6 h at identical temperatures to allow stress relaxation.

#### 2.4. Modeling of stress relaxation processes

An introduction into the theoretical description of stress relaxation processes can be found, e.g. in the text book of Ward and Sweeney [36]. For the modeling of stress relaxations of polymers one uses a set of Maxwell units in parallel representing n different relaxation processes in the polymer. Every process is characterized by a different relaxation time  $\tau$ . The model is also named Maxwell–Weichert model [37]. It should be noted that the assumption of an infinite number of different relaxation times would result in a spectrum of relaxation times. We use in the following a modified Maxwell–Weichert model with only n = 3 units (see Fig. 1) were the third unit consists only of a spring representing a long time elastic component (One could imagine that the dashpot of the third unit was filled with a low viscosity fluid, and shows an effectively instantaneous response).

For the stress relaxation  $\sigma(t)$  of a single Maxwell unit, consisting of a spring and a dashpot in series, the following relation can be derived

$$\tau(t) = \varepsilon E \exp\left(-\frac{t}{\tau}\right) \tag{1}$$

where  $\varepsilon = (L - L_0)/L_0$  is the strain, *E* is the spring constant, and  $\tau = \eta/E$  is the characteristic relaxation time, expressed as a ratio of the viscosity of the dashpot and spring constant of the elastic spring. For a series of *n* Maxwell units in parallel, all at strain  $\varepsilon$ , the stress relaxation is

$$\sigma(t) = \varepsilon \sum_{i=1}^{n} E_i \exp\left(-\frac{t}{\tau_i}\right)$$
(2)

where  $E_i$  and  $\tau_i$  refer to the *i*th Maxwell unit. Often one introduces the stress relaxation modulus,  $G(t) = \sigma(t)/\varepsilon$ , and obtains then for a system consisting of three Maxwell units in parallel, where the third consists of only a spring representing the long time elastic behaviour the following model relation

$$G(t) = \frac{\sigma(t)}{\varepsilon} = E_1 \exp\left(-\frac{t}{\tau_1}\right) + E_2 \exp\left(-\frac{t}{\tau_2}\right) + G_r$$
(3)

which is used in the following discussion of the presented relaxation experiments.

#### 3. Results and discussion

The chemical structure of PEU consists of  $H_{12}MDI/1,4$ -BD hard segments and  $H_{12}MDI/PTMEG$  soft segments, in which the content of  $H_{12}MDI/1,4$ -BD was 58 wt% according to the calculation from <sup>1</sup>H NMR spectroscopy [20]. As previously described [32], three relaxation processes could be distinguished by dynamic mechanical analysis (DMTA) at varied temperatures (Fig. 2, DMTA curves with marked region for  $T_{prog}$ -range) from the plot of mechanical loss factor tan $\delta$ , which is the ratio of loss modulus (*E''*) to storage modulus (*E'*), against temperature.



Fig. 1. Modified Maxwell–Weichert model consisting of two Maxwell units and a third spring in parallel. Deleting Maxwell unit "1" leads to the model of a *standard linear* solid (SLS).



**Fig. 2.** DMTA curves of PEU including storage modulus E', loss modulus E'' and tan delta. Measurement with Eplexor 25 N, Gabo at a frequency of 10 Hz and a heating rate of 2 K/min. Additionally the experimental  $T_{prog}$ -range is marked.

The first relaxation process in the temperature range from  $-80 \circ C$  to  $-10 \circ C$  was attributed to the glass transition of the soft domains  $(T_{g,sd})$ , and the second process with a pronounced peak maximum  $T_{g,mix} = 73$  °C reflected the glass transition of the mixed phase of hard and soft segments. At high temperatures between 110 °C and 170 °C, a third transition with peak maximum  $T_{g hd} = 151 \,^{\circ}\text{C}$  was found, which was related to the softening temperature of the hard domains. The two vertical lines in Fig. 1 indicate the temperature range of the relaxation experiments. Therefore relaxation processes are investigated in a material stage were the soft domains of the PEU are in a rubbery state, hard domains of the PEU still exist, and where with increasing temperature an increasing amount of mixed phase migrates from a glassy to a rubbery state. If we assume that the composition of the different domains remains constant in the considered temperature range, in a sense PEU can be considered in the following relaxation experiments like a homogeneous amorphous polymer showing a single glass transition.

Stress relaxation experiments of PEU were conducted at seven different  $T_{\rm prog}$  ( $T_{\rm prog}$  = 0, 25, 37, 50, 60, 70 or 80 °C) for strain values of  $\varepsilon_{\rm m}$  = 100%, 150%, 200% or 250%. Fig. 3a displays for the largest strain  $\varepsilon_{\rm m}$  = 250% at  $T_{\rm prog}$  = 25, 37, 60, and 80 °C the typical stress relaxation curves measured with the tensile tester.

In Fig. 3a, the time t = 0 corresponds to the start of the stressstrain experiment. At a strain rate of 5 mm min<sup>-1</sup> it takes 20 min to elongate a sample of initially 40 mm to 140 mm corresponding to a strain value of 250%. During this time period the sample may pass through three regions, (I) a linear elastic region, (II) a "yield region", where first very fast relaxation processes start, and from yield point up to an inflection point the extension continues easier, and (III) a "post-yield region" where the tensile stress again strongly increases. The maximum tensile stress at the final extension is called the initial stress  $\sigma_0$  for the relaxation experiment. In Fig. 3a it is seen for the curves at all shown  $T_{\text{prog}} = 25$ , 37, and 60 °C as the pronounced peak maximum at t = 20 min. After the final elongation  $\varepsilon_m$  is reached, this  $\varepsilon$ -value is kept constant, and only then in the classical meaning stress relaxation starts, seen as a characteristic decrease of the tensile stress with time. It should be mentioned that in all experiments over the observation time period the stress relaxed not to zero, but to a finite value  $\sigma_r > 0$ . Fig. 3b presents a plot of initial stresses  $\sigma_0$  as function of strain  $\varepsilon$  for all programming temperatures  $T_{\text{prog.}}$  At a certain  $T_{\text{prog.}}$  the initial stress increases with strain  $\varepsilon_m$ , and at constant elongation, the initial stress becomes drastically smaller with increasing  $T_{\text{prog}}$ .



**Fig. 3.** Relaxation experiments for PEU. a) Typical relaxation curves at  $\varepsilon_m = 250\%$  and  $T_{\rm prog} = 25$ , 37, 60, and 80 °C. b) Stress  $\sigma_0$  at the beginning of the relaxation process for different strain values  $\varepsilon_m$ .

The principal modeling approach of the relaxation curves based on Eq. (3) is presented in Fig. 4 for an example ( $T_{\text{prog}} = 25 \text{ °C}$ ,  $\varepsilon_{\text{m}} = 250\%$ ).

For the modeling only the relaxation part of the tensile test curve (see in Fig. 3a, the decreasing curves for  $t \ge 20$  min) is taken, the tensile stress is transformed to a relative stress  $\sigma(t)/\sigma_0$ , so that the modeled relaxation process starts at t = 0 with the initial value



**Fig. 4.** Principal modeling approach of a relaxation curve of PEU with the modified Maxwell–Weichert model (see Fig. 1 and Eq. (3)) for  $T_{\text{prog}} = 25 \,^{\circ}\text{C}$  and  $\varepsilon_{\text{m}} = 250\%$ .

of 1.0. The experimental data are fitted to the presented Maxwell–Weichert model (Eq. (3)) with a numerical least error square method to obtain the following five unknown parameters:  $G_{r}$ , the relaxed stress,  $E_1$  and  $E_2$ , the moduli of the springs in Maxwell units "1" and "2", and  $\tau_1$  and  $\tau_2$ , the relaxation times of the dashpots in the two Maxwell units. Fig. 4 shows (see thick black line) that with these 5 parameters the experimental relaxation data may be very well described. Fig. 4 contains also the individual relaxation curves of the two single Maxwell units. Unit "1" relaxes fast. In the example of Fig. 4 the relaxation time  $\tau_1$  has a value of 120 s, where unit "2" relaxes more than one order of magnitude slower (in the example  $\tau_2 = 4700$  s). The fast relaxation process (unit "1", thin black line) dominates the initial period of the relaxation process, and then the slow process (unit "2", thick grey line) is characteristic for the further relaxation of the PEU sample. Fig. 4 shows also clearly that at least two Maxwell units are necessary to describe the relaxation processes. More examples for fits of the experimental stress relaxation curves are presented in Fig. 5.

Fig. 5a shows the fits of the relaxation curves for the four elongations at  $T_{\text{prog}} = 25$  °C. The model describes the experimental curves very well. Additionally, one sees the influence of the strain on the relative relaxation. The initial decrease in stress is rather independent on the value of the strain, but the limiting value of the relaxed stress increases with strain. At constant strain (see Fig. 5b) the situation is more complex. The initial strong drop of stress changes with temperature, but also the terminal values of the relaxed stress after long observation times changes not proportional with the programming temperature. But in all cases the fit of the experimental curves by the model is satisfactorily. It should be noted that the scatter of the experimental points in  $\sigma(t)/\sigma_0$ -representation of data for the  $T_{\text{prog}} = 80$  °C curve is due to the resolution of the tensile tester. The initial stress has "only" a value of 0.19 MPa.



**Fig. 5.** Modeling of experimental stress relaxation curves for PEU with Eq. (3). a) at  $T_{\text{prog}} = 25 \,^{\circ}\text{C}$  for  $\varepsilon_{\text{m}} = 100$ , 150, 200 and 250%. b) at  $\varepsilon_{\text{m}} = 250\%$  and  $T_{\text{prog}} = 25$ , 37, 60, and 80 °C.

The obtained parameter values are listed in Table S1 as supplementary data (see Appendix).

We see that e.g. the relaxed modulus  $G_r$  does only slightly change with strain, but depends strongly on the programming temperature  $T_{prog}$ . Following a proposal in a recent work [38], we tested the possibility that the remaining stress  $\sigma_r$  has its origin in an "internal network" stretched in the drawing process. The affine network model for stresses in uniaxial deformations predicts then the following relation

$$\sigma_r = G_r^{\rm eff} \left( \lambda^2 - 1/\lambda \right) \tag{4}$$

where  $\lambda = L/L_0$  is the elongation and  $G_r^{\text{eff}}$  would be an effective modulus for the PEU. Fig. 6 shows (for  $T_{\text{prog}} > 0 \,^{\circ}\text{C}$ ) the plot of the relaxed stresses  $\sigma_r$  versus  $\lambda^2 - 1/\lambda$ , and the fit of these data with Eq. (4).

The obtained moduli  $G_r^{\text{eff}}$  are presented in Table 1.

Except the lowest programming temperature ( $T_{prog} = 0$  °C) the model describes the data well. Between  $T_{prog} = 25$  and 70 °C, the slope, i.e. the effective modulus decreases with increasing  $T_{prog}$ . This can be interpreted as a reduction of the number of effective crosslinks in the material. As effective crosslinks we assume next to hard segment domains, the glassy domains in the pronounced mixed phase of the PEU, whose weight content decreases with increasing  $T_{prog}$ . At  $T_{prog} = 0$  °C PEU is in the glassy state (see. Fig. 2), where also a certain plastic deformation has to be considered, which could be the reason for the deviation from the model based on Eq. (4).

The initial stress relaxation modulus  $G_0 = G(t=0) = \sigma(t=0)/\varepsilon$ shows a slight decrease with extension from 100% to 250% (not shown here). Most pronounced is the change with strain for the spring constant  $E_1$  for the fast Maxwell unit "1" at low temperatures. At  $T_{\text{prog}} = 80 \text{ °C}$ ,  $E_1$  changes from 16.6 MPa to 8.4 MPa, i.e. around 50%.

Next we look at the temperature dependency of the modeling parameters. In this way we only obtain information about the pronounced mixed phase, characterized by  $T_{g,mix} = 73$  °C determined by DMTA as maximum in the tan  $\delta$ -curve (see Fig. 2); where the mixed phase composition is assumed as unchanged in the investigated temperature range. Fig. 7a and b presents the obtained relaxation times and the elastic moduli as function of the inverse temperature, the common way to detect thermal activated processes, and to determine thermal activation energies.

The fitted  $\tau$ -values show a characteristic change (drop) above the glass transition of the mixed phase ( $T_{g,mix} = 74$  °C). From  $T_{prog} = 0$  °C up to 70 °C, the  $\tau_2$ -values (for the "slow" relaxation



**Fig. 6.** Relaxed stress  $\sigma_r$  as function of  $(\lambda^2 - 1/\lambda)$  to test the assumption of an effectively internal network. Lines are linear fits  $\sigma_r = G_r^{\text{eff}}(\lambda^2 - 1/\lambda)$ .

#### Table 1

Best fit parameter values for the effective modulus  $G_r^{\rm eff}$  in the relation  $\sigma_r = G_r^{\rm eff}(\lambda^2 - 1/\lambda)$  for PEU elongated at different  $T_{\rm prog}$ -values.

T <sub>prog</sub> [°C]	Greff [MPa]	Correl. Coeff. <i>R</i> <sup>2</sup>
0	$2.89 \pm 0.30$	0.959
25	$1.01\pm0.30$	0.996
37	$\textbf{0.35}\pm\textbf{0.01}$	0.996
50	$0.12\pm0.01$	0.970
60	$\textbf{0.048} \pm \textbf{0.004}$	0.974
70	$\textbf{0.014} \pm \textbf{0.001}$	0.980
80	$\textbf{0.003} \pm \textbf{0.001}$	0.773

process) are rather constant. A similar behaviour can be also seen for the "fast" relaxation process on a much shorter time scale. From 0 °C up to 37 °C,  $\tau_1$  is relatively constant, and increases then up to 70 °C, this is also the range where storage and loss modulus in the DMTA plot (see Fig. 2) decrease strongly.

A different temperature dependency is observed for the elastic moduli. As Fig. 7b shows, all three parameters  $E_1$ ,  $E_2$  and  $G_r$  decrease significantly (over about 3 orders of magnitude) over the  $T_{\rm prog}$ -range from 0 °C up to 80 °C. Here, one can assume a thermally activated process.



**Fig. 7.** Temperature-dependency of obtained model parameters: a) relaxation times  $\tau_1$  and  $\tau_2$ ; b) moduli  $E_1$ ,  $E_2$  and  $G_r$ ; c) viscosities  $\eta_i = \tau_i E_i$ , i = 1, 2.

The single *T*-dependencies of either the relaxation times (rather independent of *T*) and the spring constants (strong dependency on *T*) determine the *T*-dependency of the viscosities of both Maxwell units presented in Fig. 7c. It is  $\eta_i = \tau_i E_i$ , i = 1,2, and the viscosities for both ("fast" and "slow") relaxation processes show the same strong *T*-dependency as the three mechanical moduli.

We discuss now consequences of the stress relaxation behaviour of the PEU in a shape-memory cycle, esp. the free recovery of such a material. After the previous discussion, we can assume that already after about 2 min the "fast" relaxation process "1" is decayed so that the stress—strain behaviour of the material in all subsequent processes, e.g. in a shape-memory cycle, are bound to a simpler model. So, it should be sufficient to consider only the Maxwell unit "2" for the slow relaxation in parallel with the spring of the relaxed stress  $G_r$  (see Fig. 1). This simplified model is a common mechanical model: the *standard linear solid* (SLS). The stress—strain relationship for the standard linear solid looks the following [39]:

$$\sigma + \tau_2 \frac{\mathrm{d}\sigma}{\mathrm{d}t} = G_{\mathrm{r}}\varepsilon + (G_{\mathrm{r}} + E_2)\tau_2 \frac{\mathrm{d}\varepsilon}{\mathrm{d}t}$$
(5)

where the variables of Fig. 1 have been used. In the following, we are interested on a relation for recovery experiments as part of a shapememory cycle for the PEU material. After samples are stretched at the programming temperature, the samples are cooled down to a very low temperature, then the stress is released and one observes e.g. a stress free recovery of the sample under isothermal conditions. In the stress-free case ( $\sigma$ ,  $\dot{\sigma} = 0$ ) the differential Eq. (5) can be integrated and gives the following approximation for the time dependent strain development  $\varepsilon(t)$  in a stress free recovery under isothermal conditions:

$$\varepsilon(t) = \varepsilon_{\rm d} \exp\left(-\frac{G_{\rm r}}{G_{\rm r} + E_2} \frac{t}{\tau_2}\right) \tag{6}$$

where  $\varepsilon_d$  is the deformed strain of the (programmed) sample after relaxation at the beginning of the recovery experiment at t = 0. It is always  $\varepsilon_d \le \varepsilon_m$ . With Eq. (6) for the strain recovery it is also possible to calculate in the framework of the model values for the *apparent shape recovery rate*  $R_r^{app}$ 

$$R_{\rm r}^{\rm app} = \frac{\varepsilon_{\rm d} - \varepsilon(t)}{\varepsilon_{\rm d}} \tag{7}$$

This relation is similar to Eq. (5) of Ref. [20] but it should be noted that in Ref. [20] the apparent shape recovery rate was defined with respect to area values. If one assumes that the area changes were isotropic, then the area of the originally square shaped pore should correspond in our kinetic modeling consideration to the situation of a one dimensional model where L = 0, i.e.  $\varepsilon = 0$ .

A qualitative trend of the time dependent recovery rate  $R_r^{app}$  for samples stressed before on different  $T_{prog}$ -values can be seen in Fig. 8 with parameter values of  $G_r$  and  $E_2$  (see Supplementary data) for the respective temperatures  $T_{prog}$ , and for  $\tau_2$  the value for  $T_{prog} = 37 \,^{\circ}$ C was used.

It can be seen from Fig. 8 that the model is qualitatively capable to present the  $T_{\text{prog}}$  influence on an isothermal recovery calculation. However, with Eq. (6) and the respective parameters (see Supplementary data), it was not possible to predict the experimental recovery data of Ref. [20], which were discussed in the introduction. But it is possible to fit these experiments with a simplified model based on Eq. (6).

$$\varepsilon(t) = \varepsilon_{\rm d}^* \exp\left(-\frac{t}{\tau^*}\right)$$
 (8)

The model contains two fit parameters.  $\varepsilon_d^*$  represents a deformed strain of the sample at the beginning of the recovery



**Fig. 8.** Prediction of free recovery rate  $R_r^{app}$  for PEU at  $T_{rec} = 37$  °C based on the model Eq. (6). For respective parameter values see Supplementary data.

under *isothermal* conditions (in contrast to  $\varepsilon_d$ ). The effective relaxation time  $\tau^*$  depends on both the recovery temperature  $T_{rec}$ and on the programming temperature  $T_{prog}$ . This special dependency becomes clear by comparison Eq. (6) with the solution of the SLS model Eq. (8). The effective relaxation time  $\tau^*$  is proportional to  $\tau_2(T_{rec})$  a function of the recovery temperature, and a factor  $(G_r+E_2)/T_{rec}$  $G_{\rm r}$  which depends on  $T_{\rm prog}$ . The motivation originates from the previously reported experimental results [20]. Under isothermal recovery conditions it was observed that a complete recovery with  $R_r^{app}$  values >98% only occurred, when the applied  $T_{prog}$  was close to the recovery temperature  $T_{\rm rec}$ , whereas for higher  $T_{\rm prog}$  lower  $R_{\rm r}^{\rm app}$ values up to 88% were obtained. As a complete recovery could be achieved for higher  $T_{prog}$  by increasing  $T_{rec}$ , here we introduced a second fit parameter  $\varepsilon_d^*$  which reflects the final  $R_r^{app}$  values reached at the recovery temperature  $T_{rec}$ . For the apparent shape recovery rate  $R_r^{app}$  in Eq. (7) we obtain now an equation with two fit parameters, the effective relaxation time  $\tau^*$  and the ratio  $\varepsilon_d^*/\varepsilon_d$ .

$$R_{\rm r}^{\rm app} = 1 - \frac{\varepsilon_{\rm d}^*}{\varepsilon_{\rm d}} \exp\left(-\frac{t}{\tau^*}\right) \tag{9}$$

The fit of the experimental data of Ref. [20] is presented in Fig. 9. The obtained best fit parameter values for the effective correlation time  $\tau^*$  and the final relative recovery  $\varepsilon_d^*/\varepsilon_d$  are presented in Table 2.



**Fig. 9.** Fit of experimental free recovery rate  $R_r^{\text{app}}$  values at  $T = 37 \,^{\circ}\text{C}$  for PEU based scaffolds which were programmed at different  $T_{\text{prog}}$ -values (see Fig. 6 of Ref. [20]) using model Eq. (9)).

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Best fit parameter values  $\varepsilon_d^*/\varepsilon_d$  and  $\tau^*$  for the effective free recovery model Eq. (9) applied to experimental data (Ref. [20]) for  $T_{rec} = 37 \,^{\circ}$ C for different  $T_{proc}$ -values.

$T_{\rm prog} [^{\circ}C]$	$\varepsilon^*_{\mathbf{d}}/\varepsilon_{\mathbf{d}}$	τ* [min]	Correl. Coeff. R <sup>2</sup>
40	0.97	9.9	0.983
45	0.94	8.7	0.925
50	0.94	25.6	0.964
55	0.78	42.3	0.964
60	0.81	45.0	0.952

As shown in Table 2 high values of correlation coefficients above 0.93 were observed for all  $T_{\text{prog}}$  in the range from 40 °C to 60 °C and the effective correlation time increased from ca. 10 min to 45 min with increasing  $T_{\text{prog}}$ , which is in agreement with the observation in Ref. [20]. The values of  $\varepsilon_d^*/\varepsilon_d$  express the differences of recovery kinetics between a 3D system (the scaffold) and the uniaxial model system.

The fit also demonstrates that the recovery kinetics under isothermal conditions can be tailored by variation of  $T_{\text{prog}}$  in the two-dimensional deformation, where higher recovery was realized at programming temperatures  $T_{\text{prog}}$  close to  $T_{\text{rec}}$ , which could be explained by the temperature-memorizing capability of the material [19], where the recovery rate at a fixed temperature was influenced by  $T_{\text{prog}}$  and could be accelerated when the recovery temperature was adjusted close to  $T_{\text{prog}}$ .

# 4. Conclusions

Based on the isothermal stress relaxation behaviour of amorphous polyether urethanes (PEUs) at  $T_{prog}$  between 0 °C and 80 °C we propose a kinetic model approach for description of the shaperecovery characteristics of actively moving PEU composite scaffolds. The obtained relaxation curves could be well described by a five parameter Maxwell–Weichert model of two Maxwell units plus a third spring in parallel. The last spring describes the relaxed stress and can be assigned to an internal network stretched in the drawing process. The stress relaxation results in a slow and a fast process, which decays already after a few minutes during SMCP. For this reason the model could be simplified to a standard linear solid (Maxwell unit and spring) approach for description of the experimental data previously reported for isothermal recovery of PEU composite scaffolds, which were intended for autonomous mechanical stimulation of cells in vitro or in vivo.

The here "experimentally extracted" relaxation model is similar to viscoelastic models applied for the description of the shape recovery behaviour. The model of Lin and Chen [14] assumed a set of two parallel Maxwell units representing the "reversible phase" and the "fixed phase" of a shape-memory polymer, which could be simplified for the relaxation of cross linked shape-memory polymers to an SLS model. A slightly modified approach was introduced before by Tobushi et al. [26]. It should be noted that all these models were focused on the prediction of the changes of viscoelastic behaviour with temperature. In contrast, the target of our present work was the development of a simple kinetic approach for a prediction of the complete recovery behaviour including recovery times and recovery rates. Here we could demonstrate that a standard SLS model is suitable for description of the shape recovery behaviour of PEU obtained under stress-free conditions. A similar approach, where the recovery times of amorphous SMP were predicted on the basis of a Kelvin-Voigt element, was published recently by Bonner et al. [38].

The established model would provide a better understanding of the recovery kinetics of self sufficient actively moving PEU composite scaffolds. Moreover, it might form a knowledge-base for development of other types of actively moving scaffolds in the future with an adjustable control on the recovery process to investigate the influence of stress/strain stimulation on the cell behaviour in short-time or long-term cell culture experiments.

# Acknowledgements

This work was supported by Deutsche Forschungsgemeinschaft under grant No. SFB760, project B3.

# Appendix. Supplementary data

A table with best fit parameter values for stress relaxation of PEU modeled with a Maxwell-Weichert model consisting out of three Maxwell units can be found in the online version of this article, at doi:10.1016/j.polymer.2010.10.051.

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